



# HOW TO VOTE SAFELY IN 2020

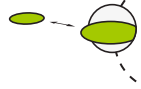


## FEELING WELL?

### HOW TO STAY SAFE IF VOTING IN PERSON:



- ❑ **avoid unnecessary lines** and delays by preparing beforehand
- ❑ check you have all the necessary **documents** on hand
- ❑ fill in any necessary **forms** in advance, if possible



- ❑ practice **physical distancing** at all times, maintaining a distance of at least 6 feet from others
- ❑ **avoid standing in line** as much as possible by **voting early**, if possible or going to the polling station at an **off-peak time**



- ❑ **wear a face mask** (unless you are unable to do so for health reasons)



- ❑ **use a hand sanitizer** (at least 60% alcohol content) before and after touching objects and surfaces; wash hands where possible



- ❑ **bring a black pen and e-stylus** for voting to avoid using those provided at the polling station (you may have to check with the polling station whether this is allowed)

### HOW TO STAY SAFE IF DROPPING OFF A MAIL-IN BALLOT:



- ❑ if you have to wait in line, **practice physical distancing**, maintaining a distance of at least 6 feet from others



- ❑ **wear a face mask** (unless you are unable to do so for health reasons)



- ❑ **use a hand sanitizer** (at least 60% alcohol content) before and after touching objects and surfaces

## FEELING UNWELL? SOME BEST PRACTICES



- ❑ stay at home to protect yourself and others, and use alternative means of voting



- ❑ check **absentee voting options** available in your state here:  
<https://www.usa.gov/election-office>

## VOTERS AND HEALTHCARE



many people with poor health or chronic conditions do not end up voting

**Black, Latinx, and Asian American groups** are less likely to vote despite being disproportionately more likely to develop some chronic conditions and less likely to receive appropriate treatment



**white citizens** are more likely to cast their vote than Black, Latinx, and Asian American citizens even though they do not experience such health inequities

## WHY YOUR VOTE IS IMPORTANT



taking an active role in this democratic process can impact the type and quality of healthcare available



the result of the 2020 election will influence the future of Medicare and the Patient Protection and Affordable Care Act (ACA)



it will impact healthcare costs going forward



election results can also impact future policymaking, which can help shift attitudes toward stigmatized healthcare or health conditions